



Nell Holcomb R-IV School

September 2017

Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Muffin, yogurt, fruit, & milk Hotdog on bun, baked beans, fried apples, & milk
4 No School	5 Pancakes, sausage, fruit, & milk Fajita chicken, refried beans, Mexican rice, pineapple, & milk	6 Honeybun, fruit, & milk BBQ Rib let on bun, potato tots, applesauce, chocolate chip cookie, & milk	7 Pop tart, oatmeal, fruit, & milk Chili, peanut butter sandwich, peaches, & milk	8 Scrambled eggs, toast, juice/milk Pizza, corn, fruit salad, & milk
11 French toast sticks, fruit, & milk Crispito, tortilla chips w/nacho cheese, pears, & milk	12 Biscuit w/gravy, sausage, juice/milk Chicken patty on bun, potato smiles, fruit salad, & milk	13 Cereal, cinnamon toast, fruit, & milk Salisbury steak w/gravy, whipped potatoes, green beans, hot roll, & milk	14 Bagel, fruit, & milk White Chili, grilled cheese sandwich, peaches, & milk	15 Breakfast cookie, sweet rice, fruit, & milk Fish sticks, potato tots, pineapple, & milk
18 Pancakes, sausage, fruit, & milk Corndog, beans, peaches, & milk	19 Scrambled eggs, toast, juice/milk Cheeseburger, French fries, pears, & milk	20 Cereal, cinnamon toast, fruit, & milk Chicken & noodles, green beans, fruit cup, hot roll, & milk	21 Muffin, oatmeal, fruit, & milk Tomato soup, grilled cheese, pineapple, & milk	22 Honeybun, fruit, & milk Pizza, corn fried apples, & milk
25 French toast sticks, fruit, & milk Spaghetti, corn, applesauce, garlic bread, & milk	26 Pop tart, oatmeal, fruit, & milk Deli turkey & cheese on bun, potato smiles, strawberries, & milk	27 Bagel, fruit, & milk Chicken Nuggets, whipped potatoes w/gravy, peaches, biscuit, & milk	28 Cereal, cinnamon toast, fruit, & milk Juicy burger, baked beans, cheese stick, pears, chocolate chip cookie, & milk	29 Breakfast pizza, fruit, & milk Hotdog on bun, black eyed peas, fried apples, & milk

*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. Cereal offered daily as an alternative to breakfast. * Salads offered daily to grades 6th through 8th. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA to: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410. This institution is an equal opportunity provider.